

**Student Community & Leadership Development (SCLD)** condemns all forms of racism and stands with **Black Lives Matter**. In support and solidarity, our Leadership and Development Coordinator, Urshian Khalid ([@iamursh](#), [urshkhal@yorku.ca](mailto:urshkhal@yorku.ca)), has compiled this working resource document -- to be continually updated -- with the intention to amplify Black and Melanated voices and businesses, as well as provide links to strengthen our allyship, identify petitions, donate, and educate so that we may do better, and be better in the dismantling of systemic oppression, white supremacy & anti-Black racism.

There is always more to learn, and as such, this list is only a starting point. If you have further resources, or have concerns about any resource linked, please reach out. *We have work to do.*



**Disclaimer: This file was last updated June 9th, 2020.**

This document is a compilation of resources found through pre-existing guides, lists, through my own research, and content collected over various personal social media platforms. Where applicable, I have referenced the guide and/or content creator. While I share these links and resources in support of dialogue, education and anti-racist advocacy, Student Community & Leadership Development is not responsible for any of the accounts, creators or websites referenced. As we engage in our own listening, learning and action, this resource may be updated. Please reach out if you have any concerns as we do the work together.

## Black Owned Accounts to Follow & Learn From:

- [Blklivesmatter](#)
- [Blackvisionscollective](#)
- [Ashleemariepreston](#)
- [Raquel\\_willis](#)
- [Tamikadmallory](#)
- [Indyamoore](#)
- [Colorofchange](#)
- [Privtoprog](#)
- [Munroebergdorf](#)
- [Rachel.cargle](#)
- [Theconsciouskid](#)
- [Mspackyeti](#)
- [Fridacashflow](#)
- [Arthoecollective](#)
- [victoriaalxndr](#)

## Black Businesses to Support in Toronto:

- Resource document: [Black Owned Business in Toronto](#) created by [j.a.l.i.l.](#)
- [Best Black Owned Toronto Restaurants, Bakeries & Grocery Stores](#)
- [A List of 100 Black-Owned Businesses in Toronto you can support right now](#)
- Instagram account showcasing Toronto/GTA businesses: [Blackowned.to](#)
- Need to find a black owned business by category? [Look here.](#)

## Mental Health Resources:

- [Yoga for Grief & Sadness](#) - Dionne Elizabeth
- [City of Toronto Anti-Black racism and mental health service providers](#)
- [Mental Health Resources for the Black Community in Toronto](#)
- [7 Virtual Mental Health Resources Supporting Black People Right Now](#) - Jesse Sparks
- [14 Organizations and People Working to Support BIPOC Mental Health During the Coronavirus Crisis](#) - Rochaun Meadows-Fernandez
- Black Youth Helpline
  - Call: 416-285-9944
  - Toll free: 1-833-294-8650
  - [info@blackyouth.ca](mailto:info@blackyouth.ca)
  - Hours: Everyday 9 am - 10 pm

## Posts by Black or Person of Colour creators on Urshian's personal "Saved" List:

["10 Steps to Non-Optical Allyship"](#) - [mireillecharper](#)

["What to Say When You Don't Know What to Say \(or your ego is triggered\): A Guide to Having Revolutionary Conversations"](#) - [hailethomas](#)

["Why Performative Allyship is Triggering"](#) - [ajabarber](#)

["If you're calling for an end to unrest, but not calling out police brutality, not calling for health care as a human right, not calling for an end to housing discrimination, all you're asking for is the continuation of quiet oppression."](#) - [aoc](#)

["Non-Monetary Support": Being an Ally Doesn't Stop When We Are in a Bind Financially"](#) - [mariaxcamille](#)

["I Want to Be An Ally But I Don't Know What To Do"](#) - [munroebergdorf](#)

["Chika Oriuwa, Valedictorian for U of T's Medical School Gives Her Address"](#) - [Dr. Chika Oriuwa](#)

["How to really listen \(a thread\)" – We're Not Really Strangers](#) (\*not a POC voice, but great resources here on making connections).

["Preventing Burnout: Keeping the movement alive"](#) - [vahinishori](#)

["How to Respond to Common Racist Statements"](#) - [wastefreemarie](#)

["Stay Humble"](#) - [dr.alexandra.solomon](#) (\*not a POC voice, but an important notion to consider).

## Where to Donate (Canada):

- [Black Mental Health Matters: A Fund for Black Therapists](#) by [healing\\_collective](#)
- [Justice For Regis](#)
- [Black Lives Matter Toronto](#)
- [Black Legal Action Centre](#)
- [Black Health Alliance](#)

- [Black Youth Helpline](#)
- [Black Women in Motion](#)
- [Across Boundaries](#)
- [Black Food Toronto](#)
- [Black Lives Matter TO](#)

### Where to Donate (The States):

- [George Floyd Memorial Fund](#)
- [To the Victims](#)
- <https://blacklivesmatters.carrd.co/#other>

### Petitions to Sign:

- [Justice for Regis Korchinski-Paquet](#)
- [Demand racial data on police involved deaths in Canada](#)
- [Justice for George Floyd](#)
- [Disbarment of Prosecutor in Ahmaud Arbery Murder](#)
- [Justice for Breonna Taylor](#)
- [Justice for Tony McDade](#)
- [Justice for Sean Reed](#)

### More Petitions in Twitter Threads:

- <https://twitter.com/cottrill/status/1266099296732164098?s=20>
- <https://twitter.com/rosiegguks/status/1266299358695141378?s=20>
- <https://twitter.com/danitycafe/status/1266055760062091265>
- <https://blackliveswillalwaysmatter.carrd.co/#blmpetitions>

### Things to Watch on Netflix:

- 13th (Ava DuVernay)
- American Son (Kenny Leon)
- Dear White People (Justin Simien)
- See You Yesterday (Stefon Bristol)
- The Black Panthers: Vanguard of the Revolution
- The Hate U Give (George Tillman Jr.)
- When They See Us (Ava DuVernay)
- Trial by Media, episode 4 (41 Shots)
- She's Gotta Have It, (Spike Lee)
- The Death and Life of Marsha P. Johnson
- Who Killed Malcolm X?
- Moonlight
- [Twitter Thread on Documentaries to Watch](#)

### Things to Watch on YouTube:

\*Not my list, originally compiled here: [Compiled Resources for Canadians](#) by Karley Jagusic (instagram: karleyjagusic)

- [Trevor Noah On George Floyd, Amy Cooper & Racism In Society](#)
- [Black Wall Street Massacre](#)
- [Black Feminism & the Movement for Black Lives](#)
- [How Studying Privilege Systems Can Strengthen Compassion](#)
- [A Conversation on Race and Privilege with Angela Davis and Jane Elliott](#)
- [Dr. Robin DiAngelo discusses 'White Fragility'](#)
- [How Structural Racism Works: Tricia Rose](#)
- [How You May Be Using Microaggressions Without Being Aware Of It](#)
- [Police Brutality - Malcolm X](#)
- [Police Killings - Malcolm X](#)
- [The Race Problem - Malcolm X](#)
- ["A riot is the language of the unheard" - Dr. Martin Luther King](#)
- [The Double-Consciousness of a Dark Body](#)
- [Entitled White Women's Tears | Commercial](#)
- [THE SCHOOL TO PRISON CONNECTION IN CANADA - The Framing Podcast](#)
- [RACIAL BIAS AND THE IMPACT ON BLACK LIVES AND BUSINESS | The Framing Podcast](#)

### More Things to Watch on YouTube:

- [The Urgency of Intersectionality](#), Kimberle Crenshaw
- [How To Deconstruct Racism, One Headline At A Time](#), Baratunde Thurston
- [What Beyonce Taught Me About Racism](#), Brittany Baron
- [No, You Can't Touch My Hair](#), Mena Fombo
- ["Cuz He's Black" Spoken Word](#), Javon Johnson
- ["How the Hood Loves You Back"](#) Steven Willis

### Articles to Read:

[Black History Month Library](#): shared [here](#) from this resource document.

- [10 Books About Race to Read Instead of Asking a Person of Colour to Explain Things To You](#)
- [An American Uprising. Who, really, is the agitator here?](#)
- [The Language of Anti-Racism](#)
- [11 Things You Can Do To Help Black Lives Matter End Police Violence](#)
- [The Unbearable Grief of Black Mothers](#)
- [Performative Allyship is Deadly \(Here's What to Do Instead\)](#)
- A list of articles shared by The Harriet Tubman Institute on their [Facebook page here](#):
  - [Defunding The Police Will Save Black And Indigenous Lives In Canada](#) by Sandy Hudson.
  - [So Now You Care About Black Burdens? Prove it](#) by Shree Paradkar and quoting one of our Tubman Talk presenters Prof. Idil Abdullahi
  - [COVID Conversations Symposium: Race-based data, AI, COVID-19 & Black Well-Being](#)
  - [National Museum of African American History and Culture Releases "Talking About Race" Web Portal](#)
  - [Institutionalized Racism: A Syllabus from JSTOR-](#)
- [York Federation of Students statement on Anti-Black Violence](#)
- [See York United Black Students' Alliance \(YUBSA\) website](#)

## Webinars to Watch:

- [Black Legal Action Centre webinar](#) on anti-Black racism in the education system in Peel region

## Black Owned Bookstores in Canada:

- A Different Booklist, 779 Bathurst St, Toronto, ON M5S 0B7
- Nile Valley Books, 1921 Gerrard St E, Toronto, ON M4L 2C2
- Knowledge Bookstore, 177 Queen St W, Brampton, ON L6Y 1M5
- Sankofa Bookstore, 430 Rideau St, Ottawa, ON K1N 7Y2

## Books to read:

*Check out this page for Black-owned bookstores: [here](#) & [here](#) .*

*\*This reading list is not mine. It is posted from Victoria Alexander's Anti-Racist Resource Guide: [here](#) .  
Please visit her guide for more.*

<https://tinyurl.com/antiracistresourceguide> . Created by Victoria Alexander, MEd.: [Twitter](#) | [Instagram](#) | [Facebook](#) | [Website](#)

## Anti-Racist Starter Kit:

- Stamped from the Beginning - Ibram X Kendi
- A People's History of the United States - Howard Zinn (There is a "young people's" version for elementary and middle school readers)
- White Fragility - Robin Diangelo
- So you want to talk about race - Ijeoma Oluo
- I'm Still Here: Black Dignity in a World Made for Whiteness - Austin Channing Brown
- Me and White Supremacy - Layla F Saad
- Stamped - Jason Reynolds & Ibram X. Kendi

## Anti-Racist Intermediate Kit:

- The Burning House: Jim Crow and the Making of Modern America - Anders Walker
- The New Jim Crow - Michelle Alexander
- The Condemnation of Blackness - Khalil Gibran Muhammad
- Dying of Whiteness - Jonathan Metz
- A Different Mirror - Ronald Takaki
- How to be an AntiRacist - Ibram X Kendi
- How the South Wont the Civil War - Heather Cox Richardson

## Anti-Racist Topic Specifics:

- Evicted - Matthew Desmond
- Nobody - Marc Lamont Hill
- Lies My Teacher Told Me - James W Loewen
- Why are all the Black Kids Sitting Together in the Cafeteria - Berver Doniel Tatum, PhD
- The Color of Law - Richard Rothstein
- Blackballed - Darryl Pinkney
- Lies My Teacher Told Me - James W. Loewen

## Anti-Racist Lit; Bios, Non-fiction, novels, personal narratives:

- The Warmth of Other Sons - Isabel Wilkerson
- The Fire Next time - James Baldwin
- Malcolm X - Alex Haley
- Between the World and Me - Ta-Nehisi Coates
- Killing Rage Ending Racism - Bell Hooks
- Becoming - Michelle Obama
- An American By Marriage - Tayari Jones
- A Good Time for the Truth: Race in Minnesota -
- The Color of Water: A Black Man's Tribute to His White Mother - James McBride
- Just Mercy: A Story of Justice and Redemption - Bryan Stevenson
- The Myth Of Race - Robert Sussman

### **Anti-Racist Lit - Black Feminism:**

- How we Get Free - Keeanga-Yamhmta Taylor
- Black Feminists Thought - Patricia Hill Collins
- Ain't I a Woman Black Women and Feminism - Bell Hooks
- Bad Feminist - Roxane Gay
- Eloquent Rage - Brittney Cooper
- In Search of Our Mothers Gardens - Alice Walker
- Sister Outsider - Audre Lorde
- Women Race & Class - Angela Y Davis
- Assata: An Autobiography - Assata Shakur
- To Exist is to Resist: Black Feminism in Europe - Akwugo Emejulu and Francesca Sobande

### **Anti-Racist Lit - Black LGBTQ+:**

- Giovanni's Room - James Baldwin
- Zami - Audre Lorde
- Real Life - Brandon Taylor
- Unapologetic A black, queer, and feminist Mandate for Radical Movements - Charlene A Carruthers
- No Tea, No Shade: New Writings in Black Queer Studies - E. Patrick Johnson
- Since I Laid My Burden Down - Brontez Purnell
- The Other Side of Paradise - Staceyann Chin
- No Ashes in the Fire - Darnell L. Moore
- The Summer We Got Free - Mia McKenzie
- Black Like Me - John Howard Griffin
- Rising Out of Hatred - Eli Saslow
- Black On Both Sides: A Racial History of Trans Identity - C. Riley Snorton

### **More Books:**

- The New Jim Crow: Mass Incarceration in the Age of Colorblindness.. Michelle Alexander.
- Being White, Being Good: White Complicity, White Moral Responsibility, and Social Justice Pedagogy. Barbara Applebaum.
- I Know Why The Caged Birds Sing. Maya Angelou

- The Fire Next Time. James Baldwin.
- Giovanni's Room. James Baldwin.
- Racism Without Racists: Color-Blind Racism and the Persistence of Racial Inequality in the United States. Eduardo Bonilla-Silva
- Unapologetic: A Black, Queen, and Feminist Mandae for Radical Movements. Charlene A. Carruthers.
- Queenie. Candace Carty-Williams.
- Other Side of Paradise. Staceyann Chin.
- Between the World and Me. Ta-Nehisi Coates
- The Water Dancer. Ta-Nehisi Coates
- Eloquent Rage: A Black Feminist Discovers Her Superpower. Brittney Cooper.
- Women, Race, & Class. Angela Y. Davis
- Evicted: Poverty and Profit in the American City. Matthew Desmond
- White Fragility: Why Its So Hard for White People to Talk About Race. Robin DiAngelo
- An Indigenous Peoples' History of the United States. Roxanne Dunbar-Ortiz
- For White Folks Who Teach In The Hood... And the Rest of Y'all Too: Reality Pedagogy and Urban Education. Christopher Emdin
- Bad Feminist. Roxane Gay
- Homegoing. Yaa Gyasi.
- Sister Citizen: Shame, Stereotypes, and Black Women in America. Melissa Harris-Perry.
- Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment. Patricia Hill Collins.
- Ain't I A Woman: Black Women and Feminism. Bell Hooks.
- Killing Rage: Ending Racism. Bell Hooks.
- Subtle Acts of Exclusion: How to Understand, Identify, and Stop Microaggressions. Tiffany Jana, Michael Baran.
- No Tea, No Shade. New Writings in Black Queer Studies. E. Patrick Johnson.
- When Affirmative Action Was White: An Untold History of Racial Inequality in 20th Century America. Ira Katznelson
- Stamped from the Beginning. Ibram X Kendi.
- How to be an Anti-Racist. Ibram X Kendi.
- Nobody: Casualties of America's War on the Vulnerable, From Ferguson to Flint and Beyond. Marc Lamont Hill
- March. (Graphic Novel) John Lewis, Andrew Aydin, Nate Powell
- Lies My Teacher Told Me: Everything Your American History Teacher Got Wrong. James Loewen.
- Sister Outsider. Audre Lorde.
- Zami: A New Spelling of My Name, A Biomythography. Audre Lorde.
- The Autobiography of Malcolm X
- The Summer We Got Free. Mia Mckenzie.
- Dying of Whiteness: How The Politics of Racial Resentment is Killing America's Heartland. Jonathan Metzel.
- Coming of Age in Mississippi. Anne Moody
- No Ashes in the Fire: Coming of Age Black & Free in America. Darnell L. Moore.
- Student Activism, Politics, and Campus Climate in Higher Education. Demetri L. Morgan, Charles H.F. Davis III
- Beloved. Toni Morrison.

- The Bluest Eye. Toni Morrison
- The Condemnation of Blackness: Race, Crime, and the Making of Modern Urban America. Khalil Gibran Muhammad
- Their Eyes Were Watching God. Zora Neale Hurston.
- Half of a Yellow Sun. Chimamanda Ngozi Adichie.
- Born a Crime: Stories From A South African Childhood. Trevor Noah.
- Becoming. Michelle Obama.
- So You Want To Talk About Race. Ijeoma Oluo
- Since I Laid my Burden Down. Brontez Purnell.
- Blackballed: The Black and White Politics of Race on America's Campuses. Lawrence Ross.
- The Color of Law. Richard Rothstein.
- Me and White Supremacy. Layla F. Saad
- Assata, an Autobiography. Assata Shakur.
- Just Mercy. Bryan Stevenson
- A Different Mirror: A History of Multicultural America. Ronald Takaki.
- Why Are All the Black Kids Sitting Together In the Cafeteria? Beverly Daniel Tatum.
- How We Get Free: Black Feminism and the Combahee River Collective. Keeanga-Yamahtta Taylor
- Real Life. Brandon Taylor.
- The Hate You Give. Angie Thomas.
- In Search of Our Mothers Gardens. Alice Walker.
- The Burning House: Jim Crow and the Making of Modern America. Anders Walker.
- Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present. Harriet A. Washington
- The Warmth of Other Suns. Isabel Wilkerson
- Native Son. Richard Wright.
- A People's History of the United States. Howard Zinn.

### More Guides to Look at:

- Posted by [The Harriet Tubman Institute in a post on their Facebook page](#) here - [Anti-Racism Resource Guide](#) by Tasha K (email: [antiracismresourceguide@gmail.com](mailto:antiracismresourceguide@gmail.com)) .

### This document draws from and links to the following resource guides:

<https://blacklivesmatter.carrd.co>

Alexander, V (2020). *Anti-Racist Resource Guide*. <https://tinyurl.com/antiracistresourceguide>

Created by Victoria Alexander, MEd.: [Twitter](#) | [Instagram](#) | [Facebook](#) | [Website](#)

[www.ally.wiki](http://www.ally.wiki) by [ambivalcnt](#) on Twitter

[Compiled List of Resources for Canadians](#) by Karley Jagusic, [karleyjagusic](#) on Instagram.

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